

EYFS Assessment Expectations in PSHE
Expected Standard

A Nursery child can:

Show more confidence in new social situations. Develop their sense of responsibility and become a member of the community. Find solutions to conflicts when playing with peers. Increasingly follow rules, understanding why they are important. Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. Understand gradually how others might be feeling. Be able to express a point of view and to debate when they disagree with an adult or a friend. Be increasingly independent in meeting their own care needs, e.g., brushing teeth, using the toilet, washing, and drying their hands thoroughly. Make healthy choices about food, drink, activity and toothbrushing.

Use vocabulary such as: *emotions, family, like, dislike, friends, friendships.*

A Reception child can:

See themselves as a valuable individual. Build constructive and respectful relationships. Express their feelings and consider the feelings of others. Show resilience and perseverance in the face of challenge. Identify and moderate their own feelings socially and emotionally. Think about the perspectives of others. Know and talk about the different factors that support their overall health and wellbeing, such as regular taking part in physical activities, eating a healthy diet, take care of their own personal hygiene, having sensible amounts of 'screen time', having a good sleep routine and being a safe pedestrian.

Use vocabulary such as: *emotions, family, friendships, goals, conflicts, healthy*